# Infant Schedule

### **Early Morning**

Arrival and Breakfast (served until 8am for pre-toddlers)

**Diapers** 

Choice Time

Music & Movement

Circle Time

**Small Group** 

Creative Arts

## Mid - Late Morning

**Outside Time** 

Morning Snack (9:15 for pre-toddlers)

Diapers

Choice Time

Bible Time

## **Early Afternoon**

Lunch Time (12:00 for pre-toddlers)

**Diapers** 

Brush teeth and read books

Naptime

#### Mid Afternoon

Snack Time

Choice Time

**Diapers** 

Music & Movement

Small Group

Creative Arts

### Late Afternoon

**Diapers** 

**Outside Time** 

Choice Time

<sup>\*</sup>Times listed are general and may vary depending on the needs and interests of the children.

<sup>\*</sup>Diapers are checked every hour and are changed when wet or soiled.

<sup>\*</sup>Each infant 0-12 months in our care has his/her own schedule for eating, diapering, playing, and sleeping.

<sup>\*</sup>Each infant is fed when they indicate they are hungry, and put to sleep in a familiar place when they indicate they are tired. With consistent adult interactions, our infants begin to develop their own patterns for sleeping, eating, and other basic needs. Even with these developing patterns, all our infants have their own schedule that is observed and respected by all caregivers.

<sup>\*</sup>Group time includes planned activities (see lesson plans) in all areas of development.